



CAREER ACADEMY

A Senior –Secondary School

Affiliated to C.B.S.E, New Delhi

Bhadson Road Patiala

CURRICULUM 2025-2026

CLASS : III

Name :

Roll no :

Subject: English

BOOK- 1. STARSHINE

2. BBC

NOTEBOOK- FOUR LINE

Month	Reading Skills	Grammar Skills	Writing Skills	Subject Enrichment	Interconnected Skills	Assessment
April	Course Book: Ch.1 Sizwe's Smile Ch 2-Poem- If I Knew BBC- Assignment-1 Theme- Good Habits Practice Worksheet- Pg.no- 3 and 4	Nouns- Common, Proper, Collective, Abstract and Material nouns. (BBC pg.no- 10 to 19)	Creative Writing- My Self (BBC Pg.no- 25), My Best Friend (BBC Pg.no- 27) Our Earth	Speaking- My favourite Fruit (show & tell) Seminar- Save Blue Planet	Interconnected with science- Earth Day Plantation Drive in school	CT- Ch-1 MT- My best friend, Nouns
May	Course Book- Ch-3 Healthy Food BBC- Assignment-2 Theme- Famous Indian Practice Worksheet - Pg.no- 5,6,7 and 8	Nouns- Numbers and Genders BBC- Pg.no- 29 to 38	Creative Writing- My Grandparents. Picture Composition- Scene of a zoo.	Poem Recitation- My Mother Salad making activity	Interconnected with science- Healthy/Junk food Life Skills- Handmade Card on Mother's Day	PT-1: Ch-1,2 Nouns, Grammar- Nouns (common, proper, collective, material Genders and numbers) Creative writing- My grand parents and My best friend Picture composition. Comprehension

SUBJECT – MATHEMATICS

BOOK: Star shine

NOTEBOOK: 1 Block

Term I (April – September)

MONTH	TOPIC	KNOWLEDGE APPLICATION	ANALYZING STRATIZIES	EXTENDED UNDERSTANDING	ASSESSMENT
APRIL	CH 1. Number up to 9999 Practice Book (page no 33 to 36) CH 2. Addition	Worksheet -Number system -Roman No. - addition without and with carrying	Dodging Tables (2-8)	Lab activity 1. Number name by using abacus (roman no. by using match sticks) 2. Understand the expanded form of numbers.	CT- NUMBER NAME UP TO 9999 MT- NUMBER SYSTEM
MAY	2. Addition (CONTINUE) and Practice book (Page no. 37 and 38) 3. Subtraction (practice book page no. 39 and 40)	Worksheet -estimating sum -subtraction with and without regrouping.	Mental Math Addition Project – Properties of addition and subtraction.	Lab activity -Problems based on real life situations.	PT-1 CH-1 ,2 AND 3 (DODGING TABLE)

Subject: Science

BOOK –Star shine (An integrated term series)

NOTEBOOK- FOURLINE PRACTICAL

TERM I – APRIL TO SEPTEMBER

MONTH	TOPIC	KNOWLEDGE APPLICATION	ANALYZING STRATEGIES	EXTENDED UNDERSTANDING	ASSESSMENT
APRIL	Ch-1 Parts of the Plants Ch- 2Food and feeding habits of animals.	Seminar –Food and Feeding habits of animals	Research work -To observe the growth of plant at home and share your feedback among peer group.	Diagram – Parts of plants, roots and germination of seed.	CT- CH- 1 MT.- Ch – 2 worksheet –page no. 65 to 68
May	Ch- 3 Food and nutrition in human	Seminar – Good eating habits for proper digestion.	Projects –Prepare of plate of balanced diet. Take picture also.	Diagram –The food pyramid. Flow chart -Types of nutrients.	PT I Ch 1 AND 2 Worksheet page 69 & 70

Subject: Social Science

BOOK- STARSHINE

NOTEBOOK- FOUR LINE PRACTICAL

TERM – I (APRIL – SEPTEMBER)					
Month	TOPICS	SUBJECT ENRICHMENT ACTIVITIES			ASSESSMENT (C.T, M.T, PERIODIC TEST, TERM – 1, TERM – 2)
		KNOWLEDGE APPLICATION	ANALYZING STRATEZIES	EXTENDED UNDERSTANDING	
APRIL	Book- Ch-1 Rivers of India Ch-4 Transport	Practice worksheet Pg.no- 89 and 90 Pg.no- 95, 96 and 97 Long question- Uses of water, why should we use subways?	Let's Brainstorm- Have you seen a river? How does it help all living beings on planet Earth?	Diagram- Mouth of river, delta Draw means of transport Mapwork- Fill the following rivers- Narmada, Tapi, Godavri, Krishna, Kaveri, Arabian sea, Bay of Bengal, Indian ocean .	C.T – Ch-1 M.T –Ch-4
MAY	Ch-2 History of Early Humans	Practice worksheet Pg.no- 91 and 92 HOTS- How the discovery of fire changed the life of early humans?	Research work- List the Indian Caves where archaeologist find the paintings of early human.	Diagram- Different types of tools of early humans	PT-I CH-1 AND 2

Subject: Punjabi

ਪਾਠ ਪੁਸਤਕ-ਰਬਾਬ

Notebook :- Double line notebook

TERM- 1 ਅਪ੍ਰੈਲ -ਸਤੰਬਰ						
ਮਹੀਨਾ	ਪੜ੍ਹਨ ਕਿਰਿਆ	ਵਿਆਕਰਨ ਕੌਸ਼ਲ	ਲਿਖਣ ਕਿਰਿਆ	ਸਹਾਇਕ ਗਤੀਵਿਧੀ	ਸਹਿ ਸਬੰਧਿਤ ਕੰਮ	ਮੁਲਾਂਕਣ
ਅਪ੍ਰੈਲ	ਪਾਠ 1: ਮਾਂ ਬੋਲੀ (ਕਵਿਤਾ) ਪਾਠ 2: ਮੇਲਾ	ਦਿਨਾਂ ਦੇ ਨਾਮ ਮਹੀਨਿਆਂ ਦੇ ਨਾਮ	ਲੇਖ:- ਮੈਂ ਤੇ ਮੇਰੇ ਮਾਤਾ ਜੀ ਅਣਡਿੱਠਾ ਪੈਰਾ ਤਸਵੀਰ ਰਚਨਾ ਪੇਜ ਨੰਬਰ 16	ਕਵਿਤਾ ਉਚਾਰਣ, ਮਾਂ ਬੋਲੀ	ਪੰਜਾਬ ਵਿੱਚ ਮਨਾਏ ਜਾਂਦੇ ਮੇਲਿਆਂ ਦੇ ਨਾਮ ਲਿਖੋ।	ਜਮਾਤੀ ਪ੍ਰੀਖਿਆ- ਦਿਨਾਂ ਦੇ ਨਾਮ ਮਹੀਨਿਆਂ ਦੇ ਨਾਮ ਮਾਸਿਕ ਪ੍ਰੀਖਿਆ ਪਾਠ -2
ਮਈ	ਪਾਠ 3: ਫੁਹਾਰਾ ਚੌਂਕ ਪਾਠ 4: ਬੌਹੜ ਕਵਿਤਾ	ਲਿੰਗ ਬਦਲੇ ਵਚਨ ਬਦਲੇ	ਲੇਖ:- ਮੇਰੇ ਦਾਦੀ ਜੀ ਤਸਵੀਰ ਰਚਨਾ:- ਪੇਜ ਨੰਬਰ 24	ਸੈਮੀਨਾਰ – ਰੁੱਖਾਂ ਦੀ ਮਹੱਤਤਾ	ਪੋਸਟਰ -ਰੁੱਖ ਲਗਾਓ, ਵਾਤਾਵਰਣ ਸਾਫ ਸੁਥਰਾ ਬਣਾਓ	Periodic test- 1 ਪਾਠ-1,2, ਦਿਨਾਂ ਦੇ ਨਾਮ, ਮਹੀਨਿਆਂ ਦੇ ਨਾਮ, ਲਿੰਗ ਬਦਲੇ, ਵਚਨ ਬਦਲੇ ਲੇਖ:- ਮੇਰੇ ਮਾਤਾ ਜੀ, ਮੇਰੇ ਦਾਦੀ ਜੀ ਤਸਵੀਰ ਰਚਨਾ:- ਅੰਬ, ਸੇਬ, ਅਣਡਿੱਠਾ ਪੈਰਾ

Subject: Hindi



पाठ्य पुस्तक:- प्रत्यक्ष

कापी- एक डबल लाइन

<u>TERM- 1 अप्रैल – सितम्बर</u>						
<u>मास</u>	<u>पठन कौशल</u>	<u>व्याकरण कौशल</u>	<u>लेखन कौशल</u>	<u>विषय संबंधित श्रवण और वाचन क्रिया</u>	<u>सह सम्बंधित कार्य</u>	<u>मूल्यांकन</u>
<u>अप्रैल</u>	<u>पाठ 1: आज तिरंगा फहराता है (कविता)</u> <u>पाठ 2: आधा राजकुमार (कहानी)</u>	<u>गिनती 1-30 दिनों के नाम और महीनों के नाम</u>	<u>अपठित गद्यांश निबंध लेखन- मेरा बगीचा</u>	<u>कविता स्मरण और उच्चारण</u>	<u>गतिविधि: राष्ट्रीय चिह्न और प्रतीक का चित्र बना कर उनके नाम लिखिए</u>	<u>मासिक परीक्षा-पाठ 1, 2 कक्षा परीक्षा- महीनों के नाम, गिनती</u>
<u>मई</u>	<u>पाठ3: अधेले की कीमत (कहानी)</u> <u>पाठ5: स्वस्थ कौन (एकांकी)</u>	<u>लिंग बदलो वचन बदलो</u>	<u>चित्र वर्णन निबंध- सुबह की सैर</u>	<u>चित्र वर्णन</u>	<u>पौष्टिक आहार किसे कहते हैं दस पौष्टिक आहार के चित्र चिपकाइए</u>	<u>Periodic Test 1 पाठ - 1,2, लिंग बदलो, वचन बदलो, गिनती, महीनों के नाम, सुबह की सैर, मेरा बगीचा, चित्र वर्णन, अपठित गद्यांश</u>

SUBJECT: COMPUTER (No. of periods=8 (Monthly in each class))

BOOK: KIPS Cyber Tools

MONTH	THEORY	PRACTICAL
<u>April</u>	<p>Hardware and Software</p>  <ul style="list-style-type: none"> • Hardware and its types. • Software and its types. 	<p>PRACTICAL :</p> <ul style="list-style-type: none"> • Make a list of various Hardware and Software in word pad that you see in your lab. • Using Paint, draw the following: <ul style="list-style-type: none"> ○ Icon of any one application software. ○ Logo of Windows Operating System. (nitro typ) ○ https://www.nitrotype.com/race
<u>May</u>	<p>Understanding Windows 10</p>  <ul style="list-style-type: none"> • Windows 10 and its features • Icons • Taskbar • Selecting and Deselecting Icons • Selecting Adjacent and Non-adjacent Icons • Opening a Program • Arrange the Desktop Icons • Desktop and its components. • Basic operations on the Desktop. • Shapes of a Mouse pointer • Shut Down Your Computer 	<p>PRACTICAL :</p> <ul style="list-style-type: none"> • Using Notepad, write the characteristics of any operating system. • Visit the lab and follow the steps given by teacher to change the desktop background. • Visit the lab and follow the steps given by teacher how to apply screen saver on pc. (nitro typ) • https://www.nitrotype.com/race

Class III ART (2025-26)

Month	Topic	Activity
April	Basics of Art: The boy who draw cats Baisakhi	Line, Shape, Color, Texture, Value and Space Draw the cat picture Kite making with craft paper. Students to tell some lines on it
May	Card making: Parts of plant Mother's Day	Gratefulness to Janitors (1st May, Labors Day) Make picture of tree(with oil pastel colors) Card making with craft paper. Student will speak some lines on it
July	Tell and show Food chain Different types of Beaks & claws	Students to show and explain about their holidays homework Types of food where does food come from Picture of Beaks & Claws of Bird Structure of Bird

Music Curriculum Term-I			
Month	Theoretical Work	Practical Work	Activities
April	*Types of Music *What is Octave *What is Lay	*Shabad:Deh Shiva VerMoheHai... *Festival Song (Baisakhi song) *Prayer (E) You Are With ME.... *Saraswati Vandana *Sargam(1-4) on Harmonium *Congo Beet (1-3)	Shabad Festival song
May	*Role of Om meditation in music practice *Long breath exercise *Why long breath is important for music	* Guru Mantra * Mother's Day song * Prayer (E): God's love is so wonderful on harmonious * School song * National Anthem	Teacher's day song

PHYSICAL EDUCATION

Time to Keep Children Fit and Healthy

SR NO	MONTH	HEALTH & HYGIENE	PHYSICAL & MOTER DEVELOPMENT	PRACTICAL
1	APRIL	1 TEST AND MEASUREMENT 2 FITNESS LEVELS	1 GENERAL MOTER FITNESS TEST 2 CARDIO VASCULAR FITNESS TEST	1 600 M RUN , WALK 2 STANDING BROAD JUMP 3 ZIG -ZAG OR SHUTTLE RUN 4 FLEX ARMS\ARM HANG 5 SIT AND REACH
2	MAY	1 FITNESS AND WELLNESS	STRENGTH	RACE 1 100,200,400MTR 2 4X100 RELAY 3 DOGDE BALL 4 P.T DRILL ,AEROBICS,ZUMBA EXERCISE